UNIT 1_E_11_GLOBAL SUCCESS 23-24 I. STRESS: 6	A. nutrients B. features C. types D. drinkables 22. The screens blue light that can
1. A. preventB. injureC. balanceD. suffer2. A. fitnessB. disease C. treatment D. headache3. A. longerB. fatalC. immune D. careful	prevent you from sleeping well. A. give away B. give out C. give in D. give off 23.Living in a/anwill provide you immense
4. A. infectious B. essential5. A. nutrient B. vitaminC. resistant D. properlyC. mineral D. infection	delight and the support of family members from many
6. A. expression B. example C. friendliness	generations. A.nuclear family B. extended family
D. superior	C.traditional family D. close family
II. GRAMMAR: 2-2-2	24. To stay healthy, you need to for at
7. I haven't met him again since we school	least 30 minutes a day.
ten years ago.	A. run out B. run on C. work on D. work out
A. have left B. leave C. left D. had left	IV.SYNONYM: 0-2-1
8. We them since we left school.	25. You should also exercise in the early morning
A. don't meet B. haven't met	when the weather is not too hot.
C. hasn't met D. didn't meet	A. have a rest B. do housework
9. My father late at work this month. He feels	C. do homework D. work out
exhausted.	26. In Vietnam, <u>life expectancy</u> for both men and
A. is staying B. stayed C. has stayed D. will stay	women has increased significantly over the last ten
10. She two miles and a half, and now she	years.
feels exhausted.	A. living standardB. longevityC. life skillD. lifeline
A. will have run B. was running	
C. has run D. ran	27. <u>Obesity</u> and heart disease can be exacerbated by
11. This room since I was born.	excessive fast-food consumption.
A. has been paintedB. was paintedC. paintedD. has painted	A. Being underweightB. Being overweightC. Child malnutritionD. Famine stricken
12. He What's wrong with him?	V. ANTONYM: 0-2-1
A. looks so worried B. looks so worriedly	28. I discovered a website that advertised a quick and
C. is looking so worried D. is looking so worriedly	easy way to <u>lose</u> weight in one month.
III. VOCABULARY: 6-3-3	A. suffer B. treat C. maintain D. gain
13. I like working in the gym.	29. Before you begin your yoga practice, you should
A. up B. on C. over D. out	do some warm-up exercises such as stretching.
14. Watching too much television is not good	A. remaining B. maintaining
your eyes.	C. performing D. shrinking
A. at B. for C. with D. to	30. Don't look down at your feet as you walk. This
15. About 50,000 bicyclists sufferserious	will cause you to slow down and <u>cause</u> back pain.
head injuries each year.	A. result in B. result from
A. on B. from C.at D. about	C. lead to D. give off
16. Some can cause diseases such as	VI. ERROR: 4-2
tuberculosis and food poisoning.	31. I <u>wash</u> the dishes <u>yesterday</u> , but I <u>have not</u> A B C
A. infect B. infection C. infectious D. infectiously 17. Remember that even simple changes	
can boost our immune system.	had the time yet to do it <u>today</u> .
A. diet B. dietary C. dieting D. diets	32. The children <u>have put</u> away their toys <u>but</u>
18. Seasonal vaccines are used to protect against	$\frac{1}{A}$ $\frac{1}{B}$
viruses.	they <u>didn't make</u> their beds <u>yet</u> .
$\overline{A. differ B. different}$ C. differently D. difference	$\frac{1}{C}$ $\frac{1}{D}$
19. Vaccines are often used to prevent the	33. She spoke <u>in a very</u> low voice, <u>but</u> I <u>can</u>
of diseases caused by viruses.	A B C
A. development B. increase	understand what she said a few minutes ago.
C. decrease D. spread	D
20. The smallest are about 0.4 micron	34. I haven't played football <u>when</u> I <u>was</u> at
in diameter.	A B
A. animals B. species C. bacteria D. diseases	school but I <u>was</u> very good <u>at</u> it then.
21. Start by looking at food labels, paying attention to	C D
ingredients and such as vitamins and	35. <u>Without</u> the <u>particularly</u> habitat, the species <u>could</u>
minerals	A B C

not survive any more.		C. muscle D. movement
D		4.A. replaceB. proper
36. My personal traine	er suggested that I must do some	C. instruct D. routine
A	В	II. Choose the best answer:
warm-up activities bei C	fore starting the <u>main tasks</u> .	
VII. WRITING	D	1. The noise from the trains me terribly last
+ Sentence transforma	ation/building: 0-4-4	night.
Make sentences with t	6	A. was annoying B. annoyed
1. Drink / lots / water	/ be / good / our health.	C. has annoyed D. had annoyed
	/ / not / good / your eyes.	2. When she came into the hall, she her
		arms to the audience, smiled and bowed deeply.
•		A. opened B. had opened
e	ılar / help / you / stay / healthy.	C. was opening D. is opening
···· ··· ··· ··· ··· ··· ··· ··· ···		
4. Eat / healthy/ be / i	mportant / part / maintain /	3. When her husband was in the army, Mary
good / health.		to him twice a week
••••••		A. was writing B. wrote
		C. was written D. writes
+Rewrite:		4. My dad from serious headaches when he
5.I have not met her fo		young.
		A. has suffered/has been B. has suffered/was
6. I have not seen her The last time	since 2000.	
	I have attended such an	C. suffered/has been D. suffered/was
enjoyable wedding pa		5. Increasing numbers of children
Ι	······	are suffering mental health problems due to bad habits
9 This is the first time	I have been abroad	
8. This is the first time I		A. from B. on C. at D. for
+ Paragraph:		6. The coronavirus is so that all citizens in this
	s just opened near your school.	city contract it.
	e (30-45 words) to your friend.	A. infection B. infectiously
In your message, you - tell him/her about th		C. infectious D. infect
	should join the club with you.	7. Our life has increased over the last few decades.
	to go with you in the morning	A. expect B. expecting
or afternoon.		C. expectancy D. expected
 VIII/ SPEAKING:		8. I usually cook some simple Vietnamese dishes, whose
1. Give some unhealth	ny hahits?	are meat, onion, pepper, salt and sugar.
2. Give some healthy	•	A. minerals B. nutritions
3. How to live a long	and healthy life?	
Topic: Give instructio	ns on how to do star jumps?	C. recipes D. ingredients
UNIT 1 (BS 24-	-25)	9. I on the amount of fat I eat to lose some weight.
I. Find the word	that differs from the other three in	A. cut down on B. come up with
the position of stress in	each of the following questions.	C. go up D. give up
1. A. healthy	B. problem	
C. mental	D. amount	10. Mark the letter A, B, C, D to indicate the word(s)
2. A. lifestyle	B. frequent	CLOSEST in meaning to the underlined word(s) the
C. injure	D. balance	following question.
3. A. device	B. treatment	

In the 21st century, scientists continue to look for new ways to <u>treat</u> serious diseases and slow down the ageing process.

A. prevent

B. protect

C. cure D. eliminate

11. Mark the letter A, B, C, D to indicate the word(s) CLOSEST in meaning to the underlined word(s) the following question.

The teacher asks him to <u>concentrate on</u> what she is explaining.

A. take note of	B. take advantage of
C. pay attention to	D. make use of

12. Mark the letter A, B, C, D to indicate the word(s) OPPOSITE in meaning to the underlined word(s) in the following question.

Getting enough sleep can <u>reduce</u> stress and improve your mood

A. decrease	B. relieve
C. ease	D. increase

13. Mark the letter A, B, C, D to indicate the word(s) OPPOSITE in meaning to the underlined word(s) in the following question.

30 minutes is enough time to use social media because the screens of electronic devices <u>give off</u> blue lights

A. release	B. absorb
C. emit	D. discharge

14. Mark the letter A, B, C or D to indicate the underlined part that needs correction in each of the following questions.

Yesterday, I <u>have eaten salad for lunch as</u> it <u>was</u> said to be good for my health.

A. have eaten B. for C. as D. was

15. Last year, my grandpa <u>quit</u> smoking and <u>start</u> exercising <u>regularly</u>. He <u>has got</u> much stronger now.

A. quit B. start C. regularly D. has got III. REWRITE THE SENTENCES AS DIRECTED:

1. Tom began playing the piano 4 years ago. Tom has _____

2. I started cooking for the party 2 hours ago. I have _____

3.My father hasn't driven a car before.

This is _____

4.She hasn't drunk Coca Cola before.

This is _____

THEME WRIRING:

Write an email (100-120 words) to reply to your friend's invitation to her party on Sunday. In the email, you should:

- thank for and accept the invitation

- ask for the specific time

- ask if you need to buy or bring something beforehand IV. SPEAKING:

1. How often do you exercise?

2. Give some healthy habits.

Topic: What do you do to keep yourself fit and healthy?

- Having a balanced diet.
- Doing exercise
- Sleeping enough.....

UNIT 2 (Kim) (23-24)		C. behaviour	D. behave
I.Pronunciation: Mark the letter A, B, C, or	D to indicate the word that		arents who have
differs from the other thr		views.	
primary stress in each of the	1 0	A. tradition	B. traditional
1. A. value	B. afford	C. traditionally	D. traditionalize
C. depend 2. A. influence	D. impose	4. My parents always com	plain my clothes
C. counselor	B. attitude D. decision	and hairstyle.	
3. A. donate	B. compare	A. about B. ir	n C. of D.
C. campaign	D. limit	For	
4. A. experience	B. mobility	5. Bob used to con	npletely relyhis
C. independence 5. A. romantic	D. priorities B. infectious	parents.	r
C. protective		A. in B. for	C. on D. with
6. Å. limit	B. obey		God gave him hope during
C. forbid	D. impose	difficult times.	God gave min nope during
II. Grammar: Choose the be		A believe B believable	C. believably D. belief
1. I will lend you some mo	oney, but you must it		
back to me next week.		their parents' advice.	stubborn and refuse to
A. pay B. pa	ys C.	A. receive	B bring
to pay D. paying		C. follow	e
2. Those audiences have to	• their tickets before		four-generational families,
entering the concert hall.		commonly referred to as	" families," has both
A. showing	B. show	benefits and drawbacks.	
C. shows D. To	show	A. single-parent	B. extended
3. This drink isn't benefic	tial for health. You	C. nuclear	D. crowded
drink it too much.			g in the same roof will have
A. should	B. ought to	different of lifestyle.	
C. ought not to	D. mustn't	A. gaps	B. rules
4. I think you do exe	ercise regularly in order to	C. manners	D. viewpoints
keep your body in good sha		10. After graduating from	university, I want to
A. must	B. should	my father's footsteps.	
C. ought not to	D. shouldn't	A. follow in	B. succeed in
5. All students wear u	iniforms at school because	C. go after	D. keep up
it is a rule.		C	as they always
A. should	B. have to	come up with new ideas or	
C. ought to	D. must	A. experienced B.	curious C. creative D.
6. This warning sign indica	ates that you step on	1	nerations often have very
the grass.		about how pe	ople should live.
A. shouldn't	B. mustn't	A. common characteristics	B. traditional views
C. don't have to	D. ought not to	C. generational conflicts D	. cultural values
III. Vocabulary:		-	that have been
1. I was tired and couldn't of	concentrate doing my	passed down from the prev	
research project properly.		A. family conflicts B. gene	erational differences
A. on B. in	C. of D. for	C. cultural values D. comm	
2. Parents can't always		14. Mark the letter A, B	B, C, or D to indicate the
aggressive o		word(s) CLOSEST in m	eaning to the underlined
A. behaved	B. behaving	word(s) in each of the follo	owing questions.

They give us advice, but never force us to follow in	license. It's <u>against</u> the law.
their footsteps .	D
A. ask B. advise	4. Drivers <u>haven't to stop</u> at <u>yellow</u> traffic <u>lights</u> .
C. warn D. oblige	A B C
15. Mark the letter A, B, C, or D to indicate the word(s) CLOSEST in meaning to the underlined	D D
word(s) elosies in meaning to the undertined word(s) in each of the following questions	5. According to the rules of this game, you had better
They experienced many social changes and	not
developments in history.	A B C
A. went through B. looked up C.came into D. gave	drop the ball.
off	
16. Mark the letter A, B, C, or D to indicate the	D
word(s) CLOSEST in meaning to the underlined	6. <u>The</u> school regulations <u>say</u> that students <u>don't have</u>
word(s) in each of the following questions.	$\begin{bmatrix} to \\ A \end{bmatrix}$ B C
My parents need to hire someone to look after my	fight each other.
grandparents.	D
A. employ B. lend C. borrow D. invite	V.SPEAKING:
17. Mark the letter A, B, C, or D to indicate the	Topic: Talking about the different generations of your family
<i>word(s) OPPOSITE in meaning to the underlined word(s) in each of the following questions.</i>	-The number of generation in your family.
Having an <u>extended family</u> , however, did not always	-Characteristic of your grandparents and your parents.
guarantee a role.	-Conflicts between you and your grandparents/ your
A. close family B. traditional family	parents.
C. nuclear family D. large family	1. How often do you use smart phone?
18. Mark the letter A, B, C, or D to indicate the	2. Should parents strictly limit teenagers' screen time?
word(s) OPPOSITE in meaning to the underlined $word(s)$ in each of the following suggright	VI.WRITING:
word(s) in each of the following questions.	Rewrite the following sentences as directed:
Jane found herself in <u>conflict</u> with her parents over her future career.	1. If I were you, I would spend more time talking with
A. disagreement B. harmony	my children. (should) You
C. controversy D. combat	2.If I were you, I would write to him. (should)
19 Mark the letter A, B, C, or D to indicate the	You
word(s) OPPOSITE in meaning to the underlined $word(s)$ in each of the following questions	3. John doesn't get permission to use that computer.
word(s) in each of the following questions.	(mustn't)
My children's noise is interfering with my ability to <u>concentrate</u> on my work.	4.She doesn't get permission to go out at night.
A. focus B. abandon	(mustn't)
C. neglect D. permit	5. Every staff isn't allowed to smoke or eat in the
IV. ERROR CORRECTION:	office. (using a modal verb)
1. We ought to not play football as it's raining	
outside.	6.You are not allowed to take photographs in the
A B C D 2. You have to made sure that children don't play	museum. (using a modal verb)
outside	
A B C	7.It is not necessary for Jack to call Ben today. (using a modal verb)
alone.	
D	8.It is not necessary for John to water these flowers.
3. You <u>mustn't uses</u> the motorbike <u>without</u> a driver's	(using a modal verb)
A B C	THEME WRITING:

Write an opinion essay (80- 100 WORDS) stating the opposite view about the topic: Parents should strictly limit their children' screen time. Suggested ideas: -Parents limit what teens can benefit from it. -The gap between parents and children may become wider	 12. Gen Zers are very as they always come up with new ideas or things. A. conservative B. curious C. creative D. traditional 13. After graduating from university, I want to my father's footsteps. A. follow in B. succeed in C. go after D. keep
UNIT 2 (HAnh) (24-25)	up
I. Which word below has different stress from the others?	Choose the word that is CLOSEST in meaning to the underlined word: 14. <u>Traditional</u> educating methods of parents can
1. A. engineer B. argument C. digital D. century	discourage children from becoming independentA. conventional B. differentC. conservativeD.
2. A. influenceB. however C. condition D. creative	competitive 15. Do you think her speech managed to <i>influence</i> the audience's pinions?
3. A. technology B. experience	A. bring up B. come around
C. generation D. historical	C. go over D. sway over Change the word which is OPPOSITE in magning with
4. A. economic B. development	Choose the word which is OPPOSITE in meaning with the underlined word
C. community D. traditional	16. We hold my teacher in great <i>respect</i> for all of the
II. Choose the best answer to complete each sentence:	wonderful things she has given us.A. despiseB. admireC. attendD.
5. You look totally exhausted. You should a restinstead of working overtime.A. takeB. to takeC. takingD. takes	conflict 17. Their investment company decided to <u>abandon</u> the project due to lack of funds.
5. We ought to as much fruit as possible in order to get enough viteming for our bodies	A. look after B. engage in C. go over D. call on
order to get enough vitamins for our bodies.A. eatB. eatingC. to eatD. eats6. We go to work by car. Sky train is a wisechoice during rush hour.A. ought toB. mustn'tC. shouldn'tD. have to7. The buffet restaurant is free for kids under 5 yearsold, so you pay for your baby.A. need B. mustn'tC. don't have toD. ought	 Which of the following needs correcting? 18. This drink isn't <u>beneficial for</u> health. You <u>should</u> drink <u>it</u> too much. 19. Hoa <u>mustn't</u> feed the cats <u>because her</u> mother has done <u>it</u> already. III. WRITING: 1. Rewrite the following sentences as directed:
to 8. My back has been hurting for weeks. I go to the doctor's.	20. It would not be good for your classmate to use his smartphone during the lesson.
A. don't have toB. have to C. mustn't D. must	Your classmate shouldn't
8. Spectatorsshow their tickets before they enter My Dinh stadium.	21. It's not a good idea for customers to buy so many Chinese products.
A. must B. have to C. should D. ought	Customers oughtn't to
to 9. You should show your parents more because they are the ones who care about you most.	22. It's not necessary for your son to conflict with his roommates. (Have to)
A. respectB. respectedC. respectable D.respectful10thinking skills enable students toevaluate.	23. It is unessential for members of this club to wear uniforms on Sundays. (Have to)
A. Criticise B. Critical C. Criticism D. Critically	
11. I deeply respect David what he has achieved.	2. Write an essay:
A. for B. about C. of D. to	I

Write an essay (100-120 words) to express your opinion about the statement below. You can either agree or disagree with it. Use the ideas in the table to help you.

Living with extended family helps bridge the generation gap

Agree	Disagree
- Different generations share ideas, values and experiences with each other on a regular basis	v
- Difference generations learn to understand and respect their differentces	- It is difficult to build healthy family relationships

V. SPEAKING:

Topic: What are the most common generation gaps in your family?

- Technology usage
- Lifestyle
- Fashion
- ••••
- 1. Which kind of family do you belong to?
- Extended/nuclear family

2. Do your parents limit your screen time? Why/why not?

Yes/No,

Say yes: - Protect my health: eyes, brain

- Reduce physical activity.

- Help me focus on my studies and spend more quality time with the family.