

UNIT 1\_E\_11\_GLOBAL SUCCESS 23-24

I. STRESS: 6

1. A. prevent B. injure C. balance D. suffer
2. A. fitness B. disease C. treatment D. headache
3. A. longer B. fatal C. immune D. careful
4. A. infectious B. essential C. resistant D. properly
5. A. nutrient B. vitamin C. mineral D. infection
6. A. expression B. example C. friendliness  
D. superior

II. GRAMMAR: 2-2-2

7. I haven't met him again since we \_\_\_\_\_ school ten years ago.  
A. have left B. leave C. left D. had left
8. We \_\_\_\_\_ them since we left school.  
A. don't meet B. haven't met  
C. hasn't met D. didn't meet
9. My father \_\_\_\_\_ late at work this month. He feels exhausted.  
A. is staying B. stayed C. has stayed D. will stay
10. She \_\_\_\_\_ two miles and a half, and now she feels exhausted.  
A. will have run B. was running  
C. has run D. ran
11. This room \_\_\_\_\_ since I was born.  
A. has been painted B. was painted  
C. painted D. has painted
12. He \_\_\_\_\_. What's wrong with him?  
A. looks so worried B. looks so worriedly  
C. is looking so worried D. is looking so worriedly

III. VOCABULARY: 6-3-3

13. I like working \_\_\_\_\_ in the gym.  
A. up B. on C. over D. out
14. Watching too much television is not good \_\_\_\_\_ your eyes.  
A. at B. for C. with D. to
15. About 50,000 bicyclists suffer \_\_\_\_\_ serious head injuries each year.  
A. on B. from C. at D. about
16. Some can cause \_\_\_\_\_ diseases such as tuberculosis and food poisoning.  
A. infect B. infection C. infectious D. infectiously
17. Remember that even simple \_\_\_\_\_ changes can boost our immune system.  
A. diet B. dietary C. dieting D. diets
18. Seasonal vaccines are used to protect against \_\_\_\_\_ viruses.  
A. differ B. different C. differently D. difference
19. Vaccines are often used to prevent the \_\_\_\_\_ of diseases caused by viruses.  
A. development B. increase  
C. decrease D. spread
20. The smallest \_\_\_\_\_ are about 0.4 micron in diameter.  
A. animals B. species C. bacteria D. diseases
21. Start by looking at food labels, paying attention to ingredients and \_\_\_\_\_ such as vitamins and minerals

- A. nutrients B. features C. types D. drinkables

22. The screens \_\_\_\_\_ blue light that can prevent you from sleeping well.  
A. give away B. give out C. give in D. give off
23. Living in a/an \_\_\_\_\_ will provide you immense delight and the support of family members from many generations.  
A. nuclear family B. extended family  
C. traditional family D. close family
24. To stay healthy, you need to \_\_\_\_\_ for at least 30 minutes a day.  
A. run out B. run on C. work on D. work out

IV. SYNONYM: 0-2-1

25. You should also exercise in the early morning when the weather is not too hot.  
A. have a rest B. do housework  
C. do homework D. work out
26. In Vietnam, life expectancy for both men and women has increased significantly over the last ten years.  
A. living standard B. longevity  
C. life skill D. lifeline
27. Obesity and heart disease can be exacerbated by excessive fast-food consumption.  
A. Being underweight B. Being overweight  
C. Child malnutrition D. Famine stricken

V. ANTONYM: 0-2-1

28. I discovered a website that advertised a quick and easy way to lose weight in one month.  
A. suffer B. treat C. maintain D. gain
29. Before you begin your yoga practice, you should do some warm-up exercises such as stretching.  
A. remaining B. maintaining  
C. performing D. shrinking
30. Don't look down at your feet as you walk. This will cause you to slow down and cause back pain.  
A. result in B. result from  
C. lead to D. give off

VI. ERROR: 4-2

31. I wash the dishes yesterday, but I have not \_\_\_\_\_ had the time yet to do it today.  
A B C  
D
32. The children have put away their toys but \_\_\_\_\_ they didn't \_\_\_\_\_ make their beds yet.  
A B  
C D
33. She spoke in a very low voice, but I can \_\_\_\_\_ understand what she said a few minutes ago.  
A B C  
D
34. I haven't played football when I was at \_\_\_\_\_ school but I was very good at it then.  
A B  
C D
35. Without the particularly habitat, the species could \_\_\_\_\_  
A B C

not survive any more.

D

36. My personal trainer suggested that I must do some

A

B

warm-up activities before starting the main tasks.

C

D

### VII. WRITING

+ Sentence transformation/ building: 0-4-4

Make sentences with the words given:

1. Drink / lots / water / be / good / our health.

2. Watch / much / TV / not / good / your eyes.

3. Do / exercise / regular / help / you / stay / healthy.

4. Eat / healthy/ be / important / part / maintain / good / health.

+Rewrite:

5. I have not met her for three years

The last time .....

6. I have not seen her since 2000.

The last time .....

7. This is the first time I have attended such an enjoyable wedding party

I .....

8. This is the first time I have been abroad.

I .....

+ Paragraph:

A new fitness club has just opened near your school.

Write a short message (30-45 words) to your friend.

In your message, you should:

- tell him/her about the club

- suggest that he/she should join the club with you.

- ask if he/she prefers to go with you in the morning or afternoon.

...

### VIII/ SPEAKING:

1. Give some unhealthy habits?

2. Give some healthy habits?

3. How to live a long and healthy life?

Topic: Give instructions on how to do star jumps?

### UNIT 1 (BS 24-25)

I. Find the word that differs from the other three in the position of stress in each of the following questions.

1. A. healthy

B. problem

C. mental

D. amount

2. A. lifestyle

B. frequent

C. injure

D. balance

3. A. device

B. treatment

C. muscle

D. movement

4. A. replace

B. proper

C. instruct

D. routine

II. Choose the best answer:

1. The noise from the trains \_\_\_\_\_ me terribly last night.

A. was annoying

B. annoyed

C. has annoyed

D. had annoyed

2. When she came into the hall, she \_\_\_\_\_ her arms to the audience, smiled and bowed deeply.

A. opened

B. had opened

C. was opening

D. is opening

3. When her husband was in the army, Mary \_\_\_\_\_ to him twice a week

A. was writing

B. wrote

C. was written

D. writes

4. My dad \_\_\_\_\_ from serious headaches when he \_\_\_\_\_ young.

A. has suffered/has been

B. has suffered/was

C. suffered/has been

D. suffered/was

5. Increasing numbers of children

are suffering \_\_\_\_\_ mental health problems due to bad habits

A. from

B. on

C. at

D. for

6. The coronavirus is so \_\_\_\_\_ that all citizens in this city contract it.

A. infection

B. infectiously

C. infectious

D. infect

7. Our life \_\_\_\_\_ has increased over the last few decades.

A. expect

B. expecting

C. expectancy

D. expected

8. I usually cook some simple Vietnamese dishes, whose \_\_\_\_\_ are meat, onion, pepper, salt and sugar.

A. minerals

B. nutritions

C. recipes

D. ingredients

9. I \_\_\_\_\_ on the amount of fat I eat to lose some weight.

A. cut down on

B. come up with

C. go up

D. give up

10. Mark the letter A, B, C, D to indicate the word(s) **CLOSEST** in meaning to the underlined word(s) the following question.



UNIT 2 (Kim) (23-24)

I. Pronunciation:

Mark the letter A, B, C, or D to indicate the word that differs from the other three in the position of the primary stress in each of the following questions.

1. A. value B. afford  
C. depend D. impose
2. A. influence B. attitude  
C. counselor D. decision
3. A. donate B. compare  
C. campaign D. limit
4. A. experience B. mobility  
C. independence D. priorities
5. A. romantic B. infectious  
C. protective D. elegant
6. A. limit B. obey  
C. forbid D. impose

II. Grammar: Choose the best answer

1. I will lend you some money, but you must \_\_\_\_ it back to me next week.  
A. pay B. pays C. to pay D. paying
2. Those audiences have to \_\_\_\_ their tickets before entering the concert hall.  
A. showing B. show  
C. shows D. To show
3. This drink isn't beneficial for health. You \_\_\_\_ drink it too much.  
A. should B. ought to  
C. ought not to D. mustn't
4. I think you \_\_\_\_ do exercise regularly in order to keep your body in good shape.  
A. must B. should  
C. ought not to D. shouldn't
5. All students \_\_\_\_ wear uniforms at school because it is a rule.  
A. should B. have to  
C. ought to D. must
6. This warning sign indicates that you \_\_\_\_ step on the grass.  
A. shouldn't B. mustn't  
C. don't have to D. ought not to

III. Vocabulary:

1. I was tired and couldn't concentrate \_\_\_\_ doing my research project properly.  
A. on B. in C. of D. for
2. Parents can't always respond effectively to aggressive \_\_\_\_\_ of their children  
A. behaved B. behaving

- C. behaviour D. behave
3. She lives with grandparents who have \_\_\_\_\_ views.  
A. tradition B. traditional  
C. traditionally D. traditionalize
4. My parents always complain \_\_\_\_\_ my clothes and hairstyle.  
A. about B. in C. of D. For
5. Bob used to completely rely \_\_\_\_\_ his parents.  
A. in B. for C. on D. with
6. His \_\_\_\_\_ in God gave him hope during difficult times.  
A. believe B. believable C. believably D. belief
7. Lots of teenagers are so stubborn and refuse to \_\_\_\_ their parents' advice.  
A. receive B. bring  
C. follow D. regard
8. Living in three- or four-generational families, commonly referred to as "\_\_\_\_ families," has both benefits and drawbacks.  
A. single-parent B. extended  
C. nuclear D. crowded
9. Four generations living in the same roof will have different \_\_\_\_ of lifestyle.  
A. gaps B. rules  
C. manners D. viewpoints
10. After graduating from university, I want to \_\_\_\_ my father's footsteps.  
A. follow in B. succeed in  
C. go after D. keep up
11. Gen Zers are very \_\_\_\_\_ as they always come up with new ideas or things.  
A. experienced B. curious C. creative D. traditional
12. Older generations often have very \_\_\_\_\_ about how people should live.  
A. common characteristics B. traditional views  
C. generational conflicts D. cultural values
13. We should respect the \_\_\_\_\_ that have been passed down from the previous generations.  
A. family conflicts B. generational differences  
C. cultural values D. common behaviours
14. Mark the letter A, B, C, or D to indicate the word(s) CLOSEST in meaning to the underlined word(s) in each of the following questions.



Write an opinion essay ( 80- 100 WORDS) stating the opposite view about the topic: Parents should strictly limit their children' screen time.

Suggested ideas:

- Parents limit what teens can benefit from it.
- The gap between parents and children may become wider

UNIT 2 (HÀnh) (24-25)

I. Which word below has different stress from the others?

- 1. A. engineer B. argument C. digital D. century
- 2. A. influence B. however C. condition D. creative
- 3. A. technology B. experience C. generation D. historical
- 4. A. economic B. development C. community D. traditional

II. Choose the best answer to complete each sentence:

- 5. You look totally exhausted. You should \_\_\_\_\_ a rest instead of working overtime.  
A. take B. to take C. taking D. takes
- 5. We ought to \_\_\_\_\_ as much fruit as possible in order to get enough vitamins for our bodies.  
A. eat B. eating C. to eat D. eats
- 6. We \_\_\_\_\_ go to work by car. Sky train is a wise choice during rush hour.  
A. ought to B. mustn't C. shouldn't D. have to
- 7. The buffet restaurant is free for kids under 5 years old, so you \_\_\_\_\_ pay for your baby.  
A. need B. mustn't C. don't have to D. ought to
- 8. My back has been hurting for weeks. I \_\_\_\_\_ go to the doctor's.  
A. don't have to B. have to C. mustn't D. must
- 8. Spectators \_\_\_\_\_ show their tickets before they enter My Dinh stadium.  
A. must B. have to C. should D. ought to
- 9. You should show your parents more \_\_\_\_\_ because they are the ones who care about you most.  
A. respect B. respected C. respectable D. respectful
- 10. \_\_\_\_\_ thinking skills enable students to evaluate.  
A. Criticise B. Critical C. Criticism D. Critically
- 11. I deeply respect David \_\_\_\_\_ what he has achieved.  
A. for B. about C. of D. to

12. Gen Zers are very \_\_\_\_\_ as they always come up with new ideas or things.

- A. conservative B. curious
- C. creative D. traditional

13. After graduating from university, I want to \_\_\_\_\_ my father's footsteps.

- A. follow in B. succeed in C. go after D. keep up

Choose the word that is CLOSEST in meaning to the underlined word:

14. Traditional educating methods of parents can discourage children from becoming independent  
A. conventional B. different C. conservative D. competitive

15. Do you think her speech managed to influence the audience's pinions?

- A. bring up B. come around
- C. go over D. sway over

Choose the word which is OPPOSITE in meaning with the underlined word

16. We hold my teacher in great respect for all of the wonderful things she has given us.

- A. despise B. admire C. attend D. conflict

17. Their investment company decided to abandon the project due to lack of funds.

- A. look after B. engage in C. go over D. call on

Which of the following needs correcting?

18. This drink isn't beneficial for health. You should drink it too much.

19. Hoa mustn't feed the cats because her mother has done it already.

III. WRITING: 1. Rewrite the following sentences as directed:

20. It would not be good for your classmate to use his smartphone during the lesson.

Your classmate shouldn't .....

21. It's not a good idea for customers to buy so many Chinese products.

Customers oughtn't to .....

22. It's not necessary for your son to conflict with his roommates. (Have to)

.....

23. It is unessential for members of this club to wear uniforms on Sundays. (Have to)

.....

2. Write an essay:

Write an essay (100-120 words) to express your opinion about the statement below. You can either agree or disagree with it. Use the ideas in the table to help you.

<i>Living with extended family helps bridge the generation gap</i>	
<i>Agree</i>	<i>Disagree</i>
<ul style="list-style-type: none"> <li>- <i>Different generations share ideas, values and experiences with each other on a regular basis</i></li> <li>- <i>Difference generations learn to understand and respect their differences</i></li> </ul>	<ul style="list-style-type: none"> <li>- <i>There are often disagreements or even conflicts between different generations</i></li> <li>- <i>It is difficult to build healthy family relationships</i></li> </ul>

**V. SPEAKING:**

Topic: What are the most common generation gaps in your family?

- Technology usage
- Lifestyle
- Fashion
- ....

1. Which kind of family do you belong to?

- Extended/nuclear family

2. Do your parents limit your screen time? Why/why not?

Yes/No, ....

Say yes: - Protect my health: eyes, brain

- Reduce physical activity.
- Help me focus on my studies and spend more quality time with the family.

