

UNIT 1_11_GLOBAL SUCCESS 23-24

I. STRESS:

1. A. prevent B. injure C. balance D. suffer
2. A. fitness B. disease C. treatment D. headache
3. A. longer B. fatal C. immune D. careful
4. A. infectious B. essential C. resistant D. properly
5. A. nutrient B. vitamin C. mineral D. infection
6. A. expression B. example C. friendliness
D. superior

II. GRAMMAR: 2-2-2

7. I haven't met him again since we _____ school ten years ago.
A. have left B. leave C. left D. had left
8. We _____ them since we left school.
A. don't meet B. haven't met
C. hasn't met D. didn't meet
9. My father _____ late at work this month. He feels exhausted.
A. is staying B. stayed C. has stayed D. will stay
10. She _____ two miles and a half, and now she feels exhausted.
A. will have run B. was running
C. has run D. ran
11. This room _____ since I was born.
A. has been painted B. was painted
C. painted D. has painted
12. He _____. What's wrong with him?
A. looks so worried B. looks so worriedly
C. is looking so worried D. is looking so worriedly

III. VOCABULARY: 6-3-3

13. I like working _____ in the gym.
A. up B. on C. over D. out
14. Watching too much television is not good _____ your eyes.
A. at B. for C. with D. to
15. About 50,000 bicyclists suffer _____ serious head injuries each year.
A. on B. from C. at D. about
16. Some can cause _____ diseases such as tuberculosis and food poisoning.
A. infect B. infection C. infectious D. infectiously
17. Remember that even simple _____ changes can boost our immune system.
A. diet B. dietary C. dieting D. diets
18. Seasonal vaccines are used to protect against _____ viruses.
A. differ B. different C. differently D. difference
19. Vaccines are often used to prevent the _____ of diseases caused by viruses.
A. development B. increase
C. decrease D. spread
20. The smallest _____ are about 0.4 micron in diameter.
A. animals B. species C. bacteria D. diseases
21. Start by looking at food labels, paying attention to ingredients and _____ such as vitamins and minerals

- A. nutrients B. features C. types D. drinkables
22. The screens _____ blue light that can prevent you from sleeping well.
A. give away B. give out C. give in D. give off
23. Living in a/an _____ will provide you immense delight and the support of family members from many generations.
A. nuclear family B. extended family
C. traditional family D. close family
24. To stay healthy, you need to _____ for at least 30 minutes a day.
A. run out B. run on C. work on D. work out

IV. SYNONYM: 0-2-1

25. You should also exercise in the early morning when the weather is not too hot.
A. have a rest B. do housework
C. do homework D. work out
26. In Vietnam, life expectancy for both men and women has increased significantly over the last ten years.
A. living standard B. longevity
C. life skill D. lifeline
27. Obesity and heart disease can be exacerbated by excessive fast-food consumption.
A. Being underweight B. Being overweight
C. Child malnutrition D. Famine stricken

V. ANTONYM: 0-2-1

28. I discovered a website that advertised a quick and easy way to lose weight in one month.
A. suffer B. treat C. maintain D. gain
29. Before you begin your yoga practice, you should do some warm-up exercises such as stretching.
A. remaining B. maintaining
C. performing D. shrinking
30. Don't look down at your feet as you walk. This will cause you to slow down and cause back pain.
A. result in B. result from
C. lead to D. give off

VI. ERROR: 4-2

31. I wash the dishes yesterday, but I have not _____ had the time yet to do it today.
A B C
D
32. The children have put away their toys but _____ they didn't make their beds yet.
A B
C D
33. She spoke in a very low voice, but I can _____ understand what she said a few minutes ago.
A B C
D
34. I haven't played football when I was at _____ school but I was very good at it then.
A B
C D
35. Without the particularly habitat, the species could _____
A B C

not survive any more.

D

36. My personal trainer suggested that I must do some

A

B

warm-up activities before starting the main tasks.

C

D

VII. WRITING

+ Sentence transformation/ building: 0-4-4

Make sentences with the words given:

1. Drink / lots / water / be / good / our health.
.....

2. Watch / much / TV / not / good / your eyes.
.....

3. Do / exercise / regular / help / you / stay / healthy.
.....

4. Eat / healthy/ be / important / part / maintain /
good / health.
.....

+Rewrite:

5. I have not met her for three years

The last time

6. I have not seen her since 2000.

The last time

7. This is the first time I have attended such an
enjoyable wedding party

I

8. This is the first time I have been abroad.

I

+ Paragraph:

A new fitness club has just opened near your school.

Write a short message (30-45 words) to your friend.

In your message, you should:

- tell him/her about the club

- suggest that he/she should join the club with you.

- ask if he/she prefers to go with you in the morning
or afternoon.

...

VIII/ SPEAKING:

1. Give some unhealthy habits?

2. Give some healthy habits?

3. How to live a long and healthy life?

Topic: Give instructions on how to do star jumps?

UNIT 2 (Kim)

I. Pronunciation:

Mark the letter A, B, C, or D to indicate the word that differs from the other three in the position of the primary stress in each of the following questions.

1. A. value

B. afford

C. depend

D. impose

2. A. influence

B. attitude

C. counselor

D. decision

3. A. donate

B. compare

C. campaign

D. limit

4. A. experience

B. mobility

C. independence

D. priorities

5. A. romantic

B. infectious

C. protective

D. elegant

6. A. limit

B. obey

C. forbid

D. impose

II. Grammar: Choose the best answer

1. I will lend you some money, but you must ____ it back to me next week.

A. pay

B. pays

C. to pay

D. paying

2. Those audiences have to ____ their tickets before entering the concert hall.

A. showing B. show C. shows D. To show

3. This drink isn't beneficial for health. You ____ drink it too much.

A. should

B. ought to

C. ought not to

D. mustn't

4. I think you ____ do exercise regularly in order to keep your body in good shape.

A. must

B. should

C. ought not to

D. shouldn't

5. All students ____ wear uniforms at school because it is a rule.

A. should

B. have to

C. ought to

D. must

6. This warning sign indicates that you ____ step on the grass.

A. shouldn't

B. mustn't

C. don't have to

D. ought not to

III. Vocabulary:

1. I was tired and couldn't concentrate ____ doing my research project properly.

A. on

B. in

C. of

D. for

2. Parents can't always respond effectively to aggressive _____ of their children

A. behaved

B. behaving

C. behaviour

D. behave

3. She lives with grandparents who have _____ views.

A. tradition

B. traditional

C. traditionally

D. traditionalize

4. My parents always complain _____ my clothes and hairstyle.

A. about

B. in

C. of

D. For

5. Bob used to completely rely _____ his parents.

A. in

B. for

C. on

D. with

6. His _____ in God gave him hope during difficult times.

A. believe

B. believable C. believably D. belief

7. Lots of teenagers are so stubborn and refuse to ____ their parents' advice.

A. receive

B. bring

C. follow

D. regard

8. Living in three- or four-generational families, commonly referred to as "____ families," has both benefits and drawbacks.

A. single-parent

B. extended

C. nuclear

D. crowded

9. Four generations living in the same roof will have different ____ of lifestyle.

A. gaps
C. manners
10. After graduating from university, I want to _____ my father's footsteps.

A. follow in
C. go after
11. Gen Zers are very _____ as they always come up with new ideas or things.

A. experienced
12. Older generations often have very _____ about how people should live.

A. common characteristics
C. generational conflicts
D. cultural values

13. We should respect the _____ that have been passed down from the previous generations.

A. family conflicts
C. cultural values
D. common behaviours

14. Mark the letter A, B, C, or D to indicate the word(s) CLOSEST in meaning to the underlined word(s) in each of the following questions.

They give us advice, but never force us to follow in their footsteps .

A. ask
C. warn
B. advise
D. oblige

15. Mark the letter A, B, C, or D to indicate the word(s) CLOSEST in meaning to the underlined word(s) in each of the following questions

They experienced many social changes and developments in history .

A. went through
B. looked up
C. came into
D. gave off

16. Mark the letter A, B, C, or D to indicate the word(s) CLOSEST in meaning to the underlined word(s) in each of the following questions.

My parents need to hire someone to look after my grandparents.

A. employ
B. lend
C. borrow
D. invite

17. Mark the letter A, B, C, or D to indicate the word(s) OPPOSITE in meaning to the underlined word(s) in each of the following questions.

Having an extended family, however, did not always guarantee a role.

A. close family
C. nuclear family
B. traditional family
D. large family

18. Mark the letter A, B, C, or D to indicate the word(s) OPPOSITE in meaning to the underlined word(s) in each of the following questions.

Jane found herself in conflict with her parents over her future career.

A. disagreement
C. controversy
B. harmony
D. combat

19. Mark the letter A, B, C, or D to indicate the word(s) OPPOSITE in meaning to the underlined word(s) in each of the following questions.

My children's noise is interfering with my ability to concentrate on my work.

A. focus
B. abandon

C. neglect
D. permit

IV. ERROR CORRECTION:

1. We ought to not play football as it's raining outside.

A B C D

2. You have to made sure that children don't play outside alone.

A B C D

3. You mustn't uses the motorbike without a driver's license. It's against the law.

A B C D

4. Drivers haven't to stop at yellow traffic lights.

A B C D

5. According to the rules of this game, you had better not

A B C D

drop the ball.

6. The school regulations say that students don't have

to fight each other.

A B C D

fight each other.

D

V. SPEAKING:

Topic: Talking about the different generations of your family

- The number of generation in your family.
- Characteristic of your grandparents and your parents.
- Conflicts between you and your grandparents/ your parents.

1. How often do you use smart phone?
2. Should parents strictly limit teenagers' screen time?

VI. WRITING:

Rewrite the following sentences as directed:

1. If I were you, I would spend more time talking with my children. (should)

You _____

2. If I were you, I would write to him. (should)

You _____

3. John doesn't get permission to use that computer. (mustn't)

4. She doesn't get permission to go out at night. (mustn't)

5. Every staff isn't allowed to smoke or eat in the office. (using a modal verb)

6. You are not allowed to take photographs in the museum. (using a modal verb)

7. It is not necessary for Jack to call Ben today. (using a modal verb)

8. It is not necessary for John to water these flowers.
(using a modal verb)

THEME WRITING:

Write an opinion essay (80- 100 WORDS) stating the opposite view about the topic: Parents should strictly limit their children' screen time.

Suggested ideas:

- Parents limit what teens can benefit from it.
- The gap between parents and children may become wider

UNIT 3 (HANH)

I. Which word below has different stress from the others?

1. A. design B. model C. future D. question
2. A. impress B. install C. begin D. sensor
3. A. solution B. camera C. effective D. electric
4. A. negative B. vehicle C. pollution D. operate
5. A. efficiently B. sustainable C. pedestrian D. vegetable
6. A. activity B. information C. technology D. convenient

II. Choose the best answer to complete each sentence:

7. The urban lifestyle seems more _____ to young people.

- A. excite B. excited C. exciting D. excitingly

8. What's the matter? You look _____.

- A. happily B. happiness C. unhappy D. unhappily

9. That kitten's fur _____ so soft.

- A. looks B. sounds C. smells D. tastes

10. The waves crashed on the shore where they _____ cool on my hot feet.

- A. appeared B. felt C. looked D. sounded

11. The room smells _____ and needs cleaning _____.

- A. bad/immediately B. badly/immediate
C. badly/immediately D. bad/immediate

12. Mr. Brown looked _____ when hearing his son talking to his friends so _____.

- A. angry/impolite B. angry/impolitely
C. angrily/impolite D. angrily/impolitely

13. The cities of the future will be _____ thanks to green technologies.

- A. sustain B. sustainable C. sustainability
D. sustainably

14. Smart devices help cities operate more _____

- A. effect B. effective C. effectively D. effected

15. Using public transport will help reduce traffic jam and _____.

- A. pollute B. polluted C. pollution D. to pollute

16. Eco-friendly transport systems will reduce greenhouse gas _____.

- A. emit B. emitted C. emissions D. to emit

17. More than fifty percent of the green city is made up _____ green areas.

- A. on B. from C. of D. for

18. It seems a good solution _____ many environmental problems.

- A. for B. to C. of D. in

19. Local authorities should find ways to limit the use of private cars and encourage city _____ to use public transport.

- A. commuters B. planners C. dwellers D. people

20. Cities in poorer countries often lack basic _____ .Without it, they are unable to function properly as cities.

- A. structure B. construction C. infrastructure
D. condition

21. We will need new technologies to generate _____ energy and use it in clean and safe ways, only from fully sources.

- A. liveable B. controlled C. renewable D. endurable

22. The new underground has allowed city dwellers to _____ more easily.

- A. make up B. get round C. get out D. move away

23. In developing countries people are _____ overcrowded cities in great numbers.

- A. breaking down B. filling up C. pouring into
D. paying for

24. There are other problems of city life which I don't propose to _____ at the moment.

- A. go into B. go around C. go for D. go up
Choose the word that is CLOSEST in meaning to the underlined word:

25. Sorghum is a brand new cash crop that can be burned as a fuel and is therefore a renewable source of energy.

- A. inexhaustible B. recyclable C. green D. adverse

26. The wind farm may be able to generate enough electricity/power for 2,000 homes.

- A. afford B. produce C. design D. install

27. Many organizations have been involved in drawing up the report on environmental campaigns.

- A. concerned about B. confined in
C. enquired about D. engaged in

Choose the word which is OPPOSITE in meaning with the underlined word

28. People who live in towns and cities live in an urban environment.

- A. remote B. convenient C. suburban D. rural

29. We need to do more to make the neighborhood safer and more livable.

- A. inhabitable B. uninhabitable C. dangerous D. prosperous

30. You can't neglect your study because the exam is coming soon.

- A. call on B. give off C. focus on D. carry out

31. I am thinking that living in the city is good for young people.

32. I am not seeing the building. It's too far away.

33. My girlfriend looks adorably when wearing this skirt.

34. The milk smells terribly, so you should throw it away.

35. The waste disposed system here is also innovative. There are no rubbish trucks or waste bins in the street.

36. Vancouver is often considered to be one of the most living cities in the world.

IV. WRITING:

1. Rewrite the following sentences as directed:

37. My student hasn't come to such a big city as Seoul before.

This is the first time

38. Her children haven't joined such an attractive party like that before.

This is the first time

39. It would not be good for your classmate to use his smartphone during the lesson.

Your classmate shouldn't

40. Customers are advised to check their luggage before leaving the airport.

Customers should

2. Make sentences with the cues given:

41. Build/smart city/seem/ impossible /everyone 50 years / ago.

->

42. I / not think / live / in a smart city / good / everyone.

->

43. Poverty/overcrowding/ruin/life/people/many big cities.

->

44. Due/poverty/overcrowding, /life/people/many big cities/ ruin.

->

3. Write an essay:

45. **Write an article (80-100 words) about other advantages and disadvantages of roof gardens in the city. Use the ideas below to help you.**

Advantages	Disadvantages
- Improving air	- Being expensive

quality - Creating habitats for wildlife - Interacting and connecting with nature	- Increasing weight on the structure - Being difficult to repair and maintain
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V. SPEAKING:

46. Some characteristics of green cities.

- Reduce native impact on the environment
- City dwellers use public transport; such as trams and electric buses to reduce traffic jams and pollution

47. Some characteristics of smart cities.

AI technologies such as; cameras, robots and smart sensors will be installed to help the city operate more effectively.

48. Disadvantages of living in smart cities?

- City dwellers may lose their right to privacy in public areas.
- It is not easy for some people to get familiar with and use the smart devices.
- City dwellers may feel lonely because there are most AI technologies around them.

49. Do you like living in a green city or a smart one? Why so?